

SAN LUIS OBISPO COASTAL CRUISE 200K PERMANENT Permanent Owner - Vickie Backman @ 805 550-1181; Vertical: 4,500 ft in 124.2 miles http://www.gpsies.com/map.do?fileId=gkfgtftvzrsfmtgm			
Total Dist	Turn	Ride For	INSTRUCTION
0.0	R on Broad St.	2.4	START: Tank Farm & Broad St, San Luis Obispo Get receipt at any business at this intersection, Turn West on Broad St to begin, toward center of town. OPEN: 0000 to +0100 (ELAPSED TIMES)
2.4	R @ TL	0.4	Marsh St
2.8	L @ TL	2.3	Santa Rosa St
5.1	S	11.1	Continue onto CA-1 N/Cabrillo Hwy; use caution crossing exit and on-ramps, fast traffic
16.2	exit R; L @ SS	1.4	OPTIONAL, MAY STAY ON HWY Exit 279A - Main St; turn left on Main St convenience stores on this section
17.6	L @ SS	0.0	San Jacinto St
17.6	R @ TL	27.0	CA-1 N/Cabrillo Hwy use caution crossing exit and on-ramps, fast traffic
44.6	R	0.5	Hearst Castle Rd and go to visitor center
45.1	C		CONTROL: HEARST CASTLE Get receipt at Gift Shop or Cafeteria or Sebastians (cross hwy) OPEN: 0226 CLOSE: 0452
45.1	U-TURN	0.6	Return to Hwy 1
45.7	L	21.2	CA-1 S/Cabrillo Hwy
66.9	R	1.7	N Ocean Ave - pass through Cayucos
68.6	S	4.6	take onramp onto CA-1 S/Cabrillo Hwy – be aware of fast traffic
73.2	exit R	0.2	Take exit 279B for CA-41 North to Atascadero

Total Dist	Turn	Ride For	INSTRUCTION
73.4	S	0.6	Take bike path located across the street, immediately right of the Hwy 1 onramp, Path parallels the highway.
74.0	R	0.1	Main St
74.1	L @ TL	0.6	Quintana Rd - good place to get food: Mc Donalds, Subway, Albertsons in this section.
74.7	Traffic Circle	0.1	Go around traffic circle, take 2nd exit to Quintana Rd, immediately bear right onto Quintana Rd
74.8	S	1.0	Continue on Quintana Rd
75.8	R @ SS	2.0	S Bay Blvd
77.8	L	2.6	Turri Rd
80.4	C		INFO CONTROL: Turri Road Summit, just after passing under the big transmission lines, and climbing 10% hill to summit. Answer question on brevet card
80.4	S	2.0	Continue on Turri Rd
82.4	L @ SS	7.2	Los Osos Valley Rd
89.6	R @ T	1.7	S Higuera St
91.3	R	2.1	Turn right toward Ontario Rd - DO NOT get on freeway
93.3	R @ SS	1.3	San Luis Bay Dr
94.6	R	0.0	Turn right on Bay Laurel Pl into San Luis Bay Estates / Avila Village just before the bridge. Make a "U" turn around the island to reach Bob Jones Trail.
94.6	R	0.4	onto Bob Jones Trail; lots of people use it, but they aren't looking for bicycles! Humor them. Bear right; do NOT go under the bridge
95.1	bear L	0.7	at end of bike path onto Blue Heron Dr (no sign, but no where else to go, still a bike road)

Total Dist	Turn	Ride For	INSTRUCTION
95.8	L	0.4	Turn left where BROWN "BIKES" sign points after passing several holes on golf course. GOLFERS HAVE RIGHT OF WAY. Follow path to end at traffic signal.
96.2	L	0.0	First St; cross Avila Beach Dr
96.2	R	0.1	San Juan St
96.2	L	0.1	becomes Front St at the beach
96.3	C		CONTROL: AVILA BEACH Get receipt at any business in town (walking area is a good location, bathrooms @ pier) OPEN: 0510 CLOSE: 1020
96.3	L	0.1	San Miguel St (end of walking area)
96.4	L @ SS	0.2	First St
96.4	S	0.0	Cross Avila Beach Dr enter bike path
96.4	S	0.4	Take bike path back to Blue Heron Dr (cross bridge, golf course, follow bike signs.
96.8	R	0.7	Blue Heron Dr (follow bike signs)
97.5	R	0.4	Bob Jones Trail (at closed gate)
97.9	Bear R	0.1	Bear right to stay on Bob Jones Trail; go under bridge
98.0	R	1.0	Bear right to stay on Bob Jones Trail
99.0	sharp R	0.3	Ontario Rd
99.3	L @ T	0.2	Avila Beach Dr - watch for traffic
99.5	R	4.1	Shell Beach Rd; freeway frontage rd; turns into Price St.
103.6	R @ SS	2.0	Hwy 1/Cabrillo Hwy / Dolliver Rd
105.6	L @ TL	0.2	W Grand Ave

Total Dist	Turn	Ride For	INSTRUCTION
105.8	R @ TL	0.0	Fourth St; (make immediate R into 7-11 or other business)
105.8	C on Right		CONTROL: Grand & 4th, Grover Beach 7-11; Rib Line at 3rd & Grand, Mexican take-out, etc. get rec't OPEN: 0540 CLOSE: 1120
105.8	R	0.5	Continue south on Fourth St
106.3	L @ SS	1.9	Farroll Rd
108.2	C on Left		INFO CONTROL: Farroll Rd at Alder St; answer question on brevet card
108.2	S	0.1	continue on Farroll Rd
108.3	L @ T	0.1	S Halcyon Rd
108.4	R @ TL	1.0	Fair Oaks Ave
109.4	L @ T	0.0	Traffic Way
109.5	Bear R	0.0	bear right at the fork by US MAIL boxes
109.5	S	0.1	Continue onto Bridge St
109.6	R	0.2	Nelson St
109.8	L @ SS	0.1	S Mason St
109.9	R @ TL	0.5	E Branch St
110.4	R @ SS	4.3	Huasna Rd; turns into Lopez Dr
114.7	C on left	0.0	CONTROL: LOPEZ DR & ORCUTT RD answer question on brevet card
114.7	L	8.0	Orcutt Rd
122.7	R	1.0	EASY TO MISS!! stay on Orcutt Rd
123.7	L @ SS	0.8	to stay on Orcutt Rd
124.5	C		FINISH: Broad St & Orcutt Rd Get receipt at any business at this corner, lots of choices. OPEN: 0640 CLOSE: 1320
TO RETURN TO START, TURN LEFT ON BROAD ST, GO 0.9 MILES TO MARIGOLD SHOPPING CTR			

KEY: R=right; L=left; S=straight; U=turn around; SS=stop sign; T=t-intersection; TL=traffic light; RR=railroad tracks